

Are you pregnant or do you have a young child?



Help Me Grow can connect you to a family support program that can:

- * Encourage a healthy pregnancy & child development while sharing age-appropriate activities
- * Meet in your home or another location convenient for you
- * Link you to resources that support your family's goals

Not sure if our programs are for you? Call us to learn more about the benefits for you and your family.

Call today!
(216) 698-7500



grow. learn. develop.
www.helpmegrow.org